



### The Evolution Starts Here

# **Longitudinal Treatment & Professional Coaching • Interactive Workshops:**

With our continuum of options, Acumen Institute individualizes each client's treatment, coaching, or educational needs to optimize their professional and personal lives.

#### Difficulties we help people to address in treatment include:

- · Personality disorders
- Professional boundary problems
- Sexual misconduct and workplace harassment
- Addiction recovery and relapse prevention
- Personality factors that interfere with PHP monitoring compliance
- Emotional distress and personality factors that result in disruptive behavior
- Treatment of compulsive behavioral disorders
- Psychological consequences of trauma
- Life stage and career phase transitions

#### **Interactive Workshops:**

- Understanding Disruption in Distressed Physicians & Medical Organizations
- Professional Boundary Training for Medical Professionals

# The Acumen Institute Longitudinal Day Treatment Program:

The Longitudinal Day Treatment Program provides an individual and group immersion experience for the physician and other healthcare safety-sensitive professionals whose license or career is in jeopardy due to unprofessional conduct. The central focus of the program is geared toward rehabilitation of professionalism.

Phase I: Immersion and redirection – 3 weeks (Monday-Friday)

Phase II: Follow-up (2 separate one-week follow-up visits over one year)

Phase III: Conclusion of treatment (3 days after one year)